

CY-FARE Health Activities 2025-2026

Bowling at Copperfield Bowl

Cost: \$3.50 +Tax per Game
\$2.00 +Tax Shoe rental

Time: 10:30 am

Place:

Copperfield Bowl
15615 Glen Chase Drive
Houston, TX 77095



- 1st Monday of each month
- \$3.50 +Tax per game
- \$2.00 +Tax shoe rental
- Start time 10:30am
- Bring a Friend
- Chat & Snack

2025 Dates: 7/7, 8/4, 9/1, 10/6, 11/3, 12/1

2026 Dates: 1/5, 2/2, 3/2, 4/6, 5/4, 6/1, 7/6

Mall Walk – Willowbrook

- **September 2025 (TBD)**
- Donations for the Texas Retired Teachers Foundation (TRTF) "A Helping Hand."
- Donations will be accepted:
 - September meeting
 - Day of the Mall Walk at Willowbrook Mall
 - Online at trtf.org

Walk Across Texas – Dates TBD

- Begins in **March** and will continue for 8 weeks
- Teams of 8 people each will be formed

Superintendent's Fun Run

- **March 28, 2026 – 8:00 – 11:00**
- Location: Berry Center
 - 5K – 8:15 or 9:30 Start
 - 1K – 8:45 Start
- Vendor Booths & Children's Area

